

THE ATHENAEUM CLUB

SPA DAY MENU

Your spa day package includes a main course.

All guests are welcome to purchase extra courses with their meal.

If you have a two-course lunch you can choose either a starter or dessert in addition to your main.

STARTERS

Soup of the Day

Homemade soup served with bread roll

£7

Caprese Salad

Mozzarella, tomato & basil with olive oil

£8

Sweet Potato Croquettes

Served with salad & coleslaw

£8

The Athenaeum Detox Smoothie

Cucumber, apple, ginger, spinach, lime (coriander optional)

£7

The Athenaeum Silky Skin Smoothie

Banana, mango, avocado, spinach, coconut milk, Greek yoghurt, berries, beetroot & chia seeds

£9

We cannot guarantee our dishes are nut allergen free, this may include airborne gluten particles. Please advise your server of any allergies or dietary requirements in your party. For detailed allergen information please speak to your waiting staff.

Menu & Prices are subject to change

MAIN COURSES

Thai Chicken Curry

Spicy Thai curry flavoured with ginger, coriander & lemongrass
served with Basmati rice.

£15

Ragoût of Vegetables with Penne

A bolognaise of Mediterranean vegetables with fresh herbs, grated parmesan
served with penne & rocket

£14

Brie, Leek & Pea Quiche

Warm quiche served with a summer salad

£14

Jacket Potatoes

Cheese & Beans **£8** | Tuna Mayo **£9** | Chilli con Carne* **£10**

* also available with rice

Omelettes

Served with salad

Choice of two fillings:

Cheese | Ham | Tomato | Mushroom | Peppers

£10

Additional fillings: **£1** each

SIDES

Sweet Potato Chips: **£3.50** | Hand Cut Chips: **£3.50**

Garlic Bread **£3.00** – add Cheese: **50p**

DESSERT

Dessert of the Day

£7

Please ask your server for our daily selection